## What is claimed is:

- 1 A method of deciding whether to perform link adaptation for
- communication from a first communication device to a second 2
- communication device, the second communication device examining a 3
- signal received from the first communication device and providing 4
- a first indication of the quality of the signal as received by 5
- the second communication device, the method comprising the steps 6
- 7 of:

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- a) recording at least one first indication of the quality of the 8
- 9 signal as received by the second communication device;
- b) providing a second indication of the quality of the signal 10 1
- 11 based on the at least one first indication of the quality of the
- 12 1 signal; and
- 13 N c) deciding to perform link adaptation based on the second
- 14 indication of the quality of the signal.
- 1 2 4 3 The method of claim 1, wherein the first indication of the
  - quality of the signal as received by the second communication
  - device is either an SIR estimate, or an ACK/NACK signal, or an
  - FER or BLER or corresponding statistic collected over a
- 5 predetermined time period.
- The method of claim 1, wherein the second indication of the 1
- quality of the signal as received by the second communication 2
- device is either an SIR target value, a changed SIR target value, 3
- an ACK/NACK signal, or a signal derived from a series of 4
- 5 consecutive ACK/NACK signals.
- The method of claim 3, wherein the decision to perform link 1
- 2 adaptation is based on whether the SIR target is to be changed to

- 3 a value that is within some predetermined margin of a
- 4 predetermined maximum or minimum SIR target.
- The method of claim 3, wherein a succession of SIR target 1
- 2 change commands are recorded, and further wherein the decision to
- 3 perform link adaptation is based on whether a predetermined
- number of consecutive SIR target change commands are all either 4
- to increase the SIR target or to decrease the SIR target. 5
- The method of claim 3, wherein a succession of SIR target 1
- 2 change commands are recorded, and further wherein the decision to
  - perform link adaptation is based on whether a predetermined
    - fraction of a predetermined number the SIR target change commands
    - are either to increase the SIR target or to decrease the SIR
    - target.
- 4 5 6 1 T The method of claim 1, wherein the first communication device 2 3 4 5
  - is selected from the group consisting of a mobile station and a
  - base station and the second communication device is the other
  - device in the group consisting of a mobile station and a base
  - station.
- The method of claim 1, wherein the first communication device 1
- or the second communication device perform one or more of the 2
- steps of recording at least one first indication of the quality 3
- of the signal, providing a second indication of the quality of 4
- the signal, and deciding to perform link adaptation. 5
- The method of claim 1, wherein an RNC performs one or more of 1
- 2 the steps of recording at least one first indication of the
- quality of the signal, providing a second indication of the 3
- 4 quality of the signal, and deciding to perform link adaptation.

- The method of claim 1, wherein the signal for which the 1
- 2 indication of the quality of the signal as received by the second
- communication device is used as a basis for a link adaptation 3
- decision is different from, but associated with, the signal for 4
- 5 which the link adaptation decision is made.
- An apparatus for deciding whether to perform link adaptation 1
- for communication from a first communication device to a second 2
- communication device, the second communication device examining a 3
- 4 signal received from the first communication device and providing 5
  - a first indication of the quality of the signal as received by
  - the second communication device, the apparatus comprising:
  - a) means for recording at least one first indication of the quality of the signal as received by the second communication
  - device;

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- b) means for providing a second indication of the quality of the 10 € 11
  - signal based on the at least one first indication of the quality
- 12 N of the signal; and
- 13 📮 c) means for deciding to perform link adaptation based on the
- 14 second indication of the quality of the signal.
  - 1 The apparatus of claim 11, wherein the first indication of
- the quality of the signal as received by the second communication 2
- device is either an SIR estimate, or an ACK/NACK signal, or an 3
- FER or BLER or corresponding statistic collected over a 4
- 5 predetermined time period.
- The apparatus of claim 11, wherein the second indication of 1 13.
- the quality of the signal as received by the second communication 2
- device is either an SIR target value, a changed SIR target value, 3

- an ACK/NACK signal, or a signal derived from a series of consecutive ACK/NACK signals.
- 1 14. The apparatus of claim 13, wherein the decision to perform
- 2 link adaptation is based on whether the SIR target is to be
- 3 changed to a value that is within some predetermined margin of a
- 4 predetermined maximum or minimum SIR target.
- 1 15. The apparatus of claim 13, wherein a succession of SIR
- 2 target change commands are recorded, and further wherein the
- decision to perform link adaptation is based on whether a
  - predetermined number of consecutive SIR target change commands
    - are all either to increase the SIR target or to decrease the SIR
    - target.

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- 16. The apparatus of claim 13, wherein a succession of SIR target change commands are recorded, and further wherein the decision to perform link adaptation is based on whether a predetermined fraction of a predetermined number the SIR target change commands are either to increase the SIR target or to decrease the SIR target.
- 1 17. The apparatus of claim 11, wherein the first communication
- 2 device is selected from the group consisting of a mobile station
- and a base station and the second communication device is the
- 4 other device in the group consisting of a mobile station and a
- 5 base station.
- 1 18. The apparatus of claim 11, wherein the first communication
- 2 device or the second communication device includes one or more of
- 3 the means for recording at least one first indication of the
- 4 quality of the signal, means for providing a second indication of

- the quality of the signal, and means for deciding to perform link adaptation.
- 1 19. The apparatus of claim 11, wherein an RNC includes one or
- 2 more of the means for recording at least one first indication of
- 3 the quality of the signal, means for providing a second
- 4 indication of the quality of the signal, and means for deciding
- 5 to perform link adaptation.
  - 20. The method of claim 11, wherein the signal for which the indication of the quality of the signal as received by the second communication device is used as a basis for a link adaptation decision is different from, but associated with, the signal for which the link adaptation decision is made.